

### **Acupuncture Services**

At the Kelowna Regional Fertility Centre, we support and encourage anyone who wishes to pursue the Traditional Chinese Medicine (TCM) treatment of acupuncture prior to, during and after any fertility treatments.

Acubalance Wellness Center in Vancouver (affiliated with Genesis Fertility Centre) reports that *“Clinical trials have shown that Acupuncture treatment before and during IVF, and other fertility treatments, increases blood flow to the uterus and ovaries. In addition, Acupuncture appears to regulate fertility hormones which may contribute to follicle development and increased implantation. These trials reported increased pregnancy rates based on this protocol”*.

Kelowna is fortunate to have the Acubalance representative Dr. Deborah Gray (ph 250-801-6400, 114-2365 Gordon Drive in Gaisichan Villiage) who provides TCM services for the Okanagan Valley. If you live outside of the Valley, you can contact Deborah Gray to find a local practitioner of TCM in your area.

#### **An Example of a Treatment Protocol**

For in vitro fertilization: Treatment will likely entail 2 acupuncture procedures per week for 6 weeks before egg retrieval plus one on the day of embryo transfer.

For cryo preserved embryo transfer: Treatment typically will consist of 2 acupuncture procedures per week for 4 weeks prior to embryo transfer plus one on day of transfer.

Acupuncture on transfer day is now available on site at Genesis Fertility Centre and appointments can be arranged through Acubalance Wellness Centre in Vancouver at 604-678-8600.

If you require any other information, please contact the Kelowna Regional Fertility Centre at 250-861-6811.